## APPENDIX:

The Appendix includes the following item(s):

 $\boxtimes$  - a new or amended Abstract of the Disclosure

## ABSTRACT OF THE DISCLOSURE

A sole (6) for anti-slipping shoes of the type including foldaway anti-slipping elements (12) arranged in the face of the sole that will come in touch with the ground, characterized in that the anti-slipping elements to increase the adherence to the ground are secured to rigid or semirigid supporting members (10) that are hinged to the sole so as to be lifted from the same by rotation like a flag by at least 180° with respect to a symmetry axis other than the axis of hinge/lifting from the shoe sole and not parallel thereto. Each the supporting member being housed during the use of the sole in its own single recess or groove (8) arranged in the sole portions.